

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Concluding Prayer

*Lord,
fill this night with your radiance.
May we sleep in peace and rise with joy
to welcome the light of a new day in your name.
We ask this through Christ our Lord.
Amen.*

BLESSING

<Make the Sign of the Cross>

+ *May the all-powerful Lord grant us a restful night and a peaceful death.
Amen.*

**Antiphon or song in honor of the Blessed Virgin Mary:
Hail, Queen of Heaven # 880**

**Hail, Queen of Heaven, hail our Mother compassionate,
True life and comfort and our hope, we greet you!
To you we exiles, children of Eve, raise our voices.
We send up sighs to you, as mourning and weeping,
We pass through this vale of sorrow.
Then turn to us, O most gracious Woman,
Those eyes of yours, so full of love and
tenderness, so full of pity.
And grant us after these,
our days of lonely exile,
the sight of your blest Son and
Lord, Christ Jesus.
O gentle, O loving, O holy,
sweet Virgin Mary.**



LITURGY OF THE HOURS: NIGHT PRAYER FOR TUESDAY IN LENT

<Please stand and make the Sign of the Cross>

+ *O God, come to my assistance.*

Lord, make haste to help me.

<Profound bow>

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

<Please kneel for a brief examination of conscience>

Examination of conscience:

*We are called to have a clear conscience toward God and toward men,
in our hearts and in our minds, in our actions and inactions. To do so, it
is vital that we examine our conscience daily and to ask for God's mercy
as we fall short and to ask for His strength to do better.*

*Lord Jesus, you have shown us the way to the Father:
Lord, have mercy.*

Lord, have mercy.

*Lord Jesus, you have given us the consolation of the truth:
Christ, have mercy.*

Christ, have mercy.

*Lord Jesus, you are the good shepherd, leading us into everlasting life:
Lord, have mercy.*

Lord, have mercy.

<Please Stand>

HYMN: Day Is Done # 858

Day is done, but Love unfailing Dwells ever here;
Shadows fall, but hope, prevailing, calms every fear.
God our Maker, none forsaking, take our hearts, of Love's own making;
Watch our sleeping, guard our waking, Be always near.

Dark descends, but Light unending Shines through our night;
You are with us, ever lending New strength to sight.
One in love, your truth confessing, one in hope of heaven's blessing,
May we see, in love's possessing, Love's endless light!

Eyes will close, but you unsleeping Watch by our side;
Death may come, in Love's safe keeping Still we abide.
God in love, all evil quelling, Sin forgiving, fear dispelling,
Stay with us, our hearts indwelling, this eventide.

<Please be seated>

PSALMODY

Ant. 1 *Do not hide your face from me; in you I put my trust.*

Psalm 143:1-11 Prayer in distress

Only by faith in Jesus Christ is a man-made holy in God's sight. No observance of the law can achieve this (Galatians 2:16).

Lord, listen to my prayer:

turn your ear to my appeal.

- You are faithful, you are just; give answer.
- Do not call your servant to judgment
- for no one is just in your sight.

The enemy pursues my soul;
he has crushed my life to the ground;
—he has made me dwell in darkness
—like the dead, long forgotten.

Therefore my spirit fails;
my heart is numb within me.
—I remember the days that are past:
—I ponder all your works.

I muse on what your hand has wrought
and to you I stretch out my hands.
Like a parched land my soul thirsts for you.
—Lord, make haste and answer;
—for my spirit fails within me.

Do not hide your face
lest I become like those in the grave.
—In the morning let me know your love
—for I put my trust in you.

Make me know the way I should walk:
to you I lift up my soul.
—Rescue me, Lord, from my enemies;
—I have fled to you for refuge.

Teach me to do your will
for you, O Lord, are my God.
—Let your good spirit guide me
—in ways that are level and smooth.

For your name's sake, Lord, save my life;
in your justice save my soul from distress.

- Glory to the Father, and to the Son, and to the Holy Spirit:
- as it was in the beginning, is now, and will be for ever. Amen.

Ant. Do not hide your face from me; in you I put my trust.

READING *A Reading from the first letter of Peter (5:8-9a)*

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit.

Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

I commend my spirit.

<Head bow>

Glory to the Father, and to the Son, and to the Holy Spirit,

Into your hands, Lord, I commend my spirit.

<After a brief pause, please stand>

CANTICLE OF SIMEON

Ant. *Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.*

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

*Lord, now you let your servant go in peace;
your word has been fulfilled:*

- my own eyes have seen the salvation
- which you have prepared in the sight of every people:

a light to reveal you to the nations
and the glory of your people Israel.

<Profound bow>

- Glory to the Father, and to the Son,
- and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.